# The Husky Herald Edited by Aditi Nambiar and Max Stephens

Congrats Class
of 2023!

Cover art by Hong K. Nguyen

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#### **Letter from the Assistant Editor**

Written by: Max Stephens- **Assistant Editor May 2023** 

Congratulations Huskies on another successful year! As Spring quarter comes to close, now is the time to take stock of all the hard work and accomplishments that went into this past year.

One of the most exciting things about this year was seeing our school come alive as we've begun to transition into post-pandemic life. This was the first year since the pandemic began that all quarters were fully in-person and you could feel the energy this brought to students and campus as a whole. You could see this in the myriad of events that took place on campus, from open-mic nights, to club events, to movie nights and more – students had missed these connections.

We also felt this shift at the Husky Herald this year. Due to COVID-19, the last couple of years has seen the Herald have to make compromises on printing capacity and availability, with some issues only being made available digitally. This year we were extremely pleased to able to print full-color physical copies of all six of our issues from this year.

As Assistant Editor, I had the privilege of working with our many wonderful volunteer contributors from this year. Our contributors covered varied topics from climate change, to mental health care, to events, conversations, and processes happening right here on campus. Our contributors are a testament to the diverse range of voices and values here on campus, and

seeing our contributors approach these issues with nuance, creativity, and a desire to inform others made me proud to be a part of our community. The Husky Herald exists solely to keep students informed about the things that matter most to them – for students, by students. It's these contributors and their stories that make this possible. Any student that has something they want to say or a story they want to tell is always encouraged to reach out to Husky Herald.

This year also saw us at the Husky Herald put together our first team of regular contributors. We were very fortunate to add our artists, Hong and Rawan, our photographer, José, and our advertisement coordinator, Andrew, to the team. We were very grateful for their contributions and help with the issues this year.

Myself, the Husky Herald, and the campus as a whole also owe a dept of gratitude to our Editor-in-Chief, Aditi Nambiar. Aditi worked tirelessly this year to make the paper what it was. Her vision and passion made this year's issues possible. Aditi's drive to make sure this platform is available for students kept us motivated and moving during any hiccups or unexpected bumps in the road that came up.

Finally, I'd also like to thank you, the reader. On behalf of the Husky Herald, if you picked up an issue from a rack, checked out an article online, or grabbed a copy at an event, we appreciate you.

As this year comes to an end and

students are thinking about summer break and what the next year of school will bring them, I again encourage returning students to consider contributing to the Husky Herald next year. The paper is here to amplify your voice. Is there something you're concerned about? A club you want to see covered? An event or process you think more people should be aware of? Reach out and make your voice heard. You are what make this campus special. No prior journalism experience required, just a desire to tell a story.

As a graduating senior, I won't be returning as Assistant Editor next year. While I'm sad to go, I'm excited to see what Aditi and next year's student media team bring to the table. I have no doubt it will be a benefit this campus and community. In my last words as Assistant Editor of The Husky Herald, I'd just like to encourage everyone to embrace their creativity and make something new. Write a poem. Draw a picture. Bang on a piano. Bake a quiche. It doesn't have to be good, you don't even have to show it to anybody, just bask in the beauty that is putting something into the universe that wasn't there before. It's the most special thing we get to do.

Have a happy and healthy summer, Huskies.

Max Stephens Assistant Editor, The Husky Herald.



Photo Credit: Freepik

# Club Feature: Pre-Med Club Hosts First Pre-Health Conference with Med Schools Across the Nation

Written by: Aditi Nambiar- **Editor-in-Chief May 2023** 

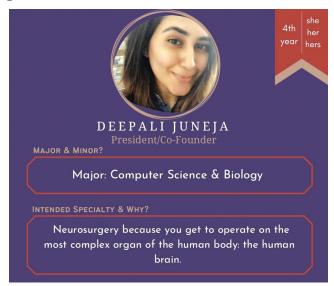


Pre-Med Club officers

Photo Credit (ALL): Deepali Juneja, PreMed Club

For Deepali Juneja, graduating senior and president of the Pre-Med Club, founding this club was about creating a space for pre-med students to find a community and break the stigma of high competition among aspiring medical professionals at the University of Washington- Bothell.

Juneja has served as president of the club for three years and initially founded it when she noticed a need for pre-med students to feel more connected with each other on campus. In fall of 2019, Juneja was set on starting her pre-med journey as a first-year student at UW Bothell but was discouraged when she saw how the first challenging midterm in her biology class disheartened her peers.



Deepali Juneja, Pre-Med Club president

"I remember after midterm one... You could see people whispering [and] they were like, I don't think I'm going to go to medical school anymore. I don't think I can do this anymore." The next day, Juneja recalled walking into the classroom and seeing the words "No more doctor" written on the board, and other students looking at backup options. "I was actually pretty sad to be honest. Because that was the first class everyone was taking. Like, it's almost like a 101 pre-med class: Intro to Bio... it doesn't make sense that [you would] want to give up your entire career for one class." She added, "I felt like a lot of these people felt isolated because pre-med is very, very competitive."

Juneja tried looking for a community in existing clubs on campus but realized that there was still not a specific enough group for a strong pre-med community. So, Juneja decided to take things into her own hands and create a Pre-Med Club. She emailed her former pre-health advisor who was excited about this new start when she came to learn that there once was a Pre-Med Club four years prior, which was discontinued when the senior club members graduated.

"Upon sharing [my] concerns and discussions with [my] friends and Stephanie Baron, the pre-health advisor at UW Bothell at the time, [I] was inspired to launch the Pre-Med Club with [my] peers in May 2020. [My] genuine intention was to cultivate a sense of connection and provide support to pre-med students on campus," said Juneja.

Juneja's first plan was to focus on how to best support students like her who were in the pre-med route. They first had to acknowledge the rigor of the series-level science courses that pre-med students had to get through. Juneja said, "We were also taking really hard classes like organic chemistry, which are foundational courses. We should do well in these classes. In high school, you know how you're scoring 90s and 100s. And then you see 70 percent is the average [now], it really hits you. And you're seeing all this like Reddit 3.9 people getting into Harvard Medical School, and you're like, 'What am I doing with my life?"

Juneja and her fellow board members realized that the biggest thing they could focus on was the Medical College Admission Test (MCAT), which is a huge exam that medical students must pass in order to get into med school in the United States. The Pre-Med Club had their first events on "Insider Tips," where each club officer gave a presentation on how they excelled in a class out of the foundational ones that students are required to take at the start, including Biology, Chemistry, Physics, and Anatomy.

"It was to make people believe that there is a community, it doesn't have to be competitive. You know, we have to stick together because imagine you're going to be a doctor. The whole point of being in the medical field is giving back to your community. But how would you have that sense of community if you are always competing? You know, you're not going to be competing with your patients. You're going to be there to take care of them. You have to learn how to be empathetic."

This year, the Pre-Med Club hosted their biggest event yet on Friday, May 26, 2023; a virtual Pre-Health Conference in collaboration with UWB Pre-Dental, and Pre-Physical Assistants clubs. Juneja explained that the idea for this event around this time of the year was inspired by how the highest score one can get on the MCAT is 528, and May 28 is National Pre-Med Day.

Juneja made it a goal to invite one Doctor of Medicine (MD) or Doctor of Osteopathic Medicine (DO) school. "They gave a presentation and I was actually mind blown. A lot of members were mind blown. We did not know how amazing these programs are. Since then, we made it a rule to celebrate National Pre-Med Day," Juneja recalled.

Reaching out to these medical schools was not an easy task as getting a response is

not guaranteed, but the Pre-Med Club kept trying their best to get top medical schools to visit UW Bothell. "I think after we got UW Med, it was amazing [because] it is very hard to get a hold of them. I called several times... Since this is my last year, I was like it's either go big or go home."

The officers decided to include representatives from graduate programs for Dentistry, Physical Therapy, Physician Assistants, Anesthesia, Nutrition, Speech/ Hearing Sciences, and Nursing, in addition to MD and DO programs as not everyone in the club plans to go into medical school after their undergrad at UW Bothell. "They are transitioning into other careers. And that's the best thing about Pre-Med Club. I always say it's not [just] to help you become a doctor. It's to help you find a community, and if you decide to become a doctor, the community is going to stay there." Juneja, who is majoring in Biology and Computer Science, plans to take a slightly different route herself as she is looking into starting her professional career in biotechnology.

"The Pre-Health conference aims to provide valuable insights into various healthcare tracks, allowing you to explore and gain a deeper understanding of the diverse opportunities available within the healthcare field," the club stated in their official event announcement. This year, the club was joined by graduate programs from UW Seattle, Columbia University, Washington State University, New York State University, Iowa State University, Shoreline Community College, and more.

In addition to hosting informative events for students in Pre-Med to explore their interests, the club also collaborates with small companies that provide study resources and related services for preparing for the MCAT to provide students discounts for prep courses. The club's long-term goal is to facilitate more research opportunities in health care for UW Bothell Students. They are currently working on finding research positions with the upcoming biotechnology offices which will be in the STEM building in 2024. "Seattle has a lot of research opportunities because they get a lot of funding. So [the STEM building] is helping us connect with Fred Hutch in the upcoming year, Seattle Children's, and such research institutions so that [UWB] students can take the opportunity," said Juneja.

Pre-Med Club is open to students from UW Seattle, Tacoma, and Cascadia College in addition to UW Bothell. This year, they have had around 200 total students join the community. To join the member list, students have to attend two-thirds of the club's events in a year. Members get special access to the Pre-Med club's newsletters. Students can get involved with the Pre-Med Club through their Presence page and keep up with their current events and announcements on Instagram (@premeduwb).

This quarter, the club recieved two annual recognition awards from Club Council for "Outstanding Academic Club" and "Club Adviser of the Year" for their adviser, Kristen Labrecque.

Through her experience as the found-

#### Continued...

ing president of the Pre-Med Club, Deepali Juneja shared that her biggest learning experiences include leadership and understanding community. "I think leadership means you are the backbone, but you are going to let people do their own thing. There are things maybe I'm not good [at] as president. But there are things that other officers have that I cannot make up for. So I'm finally coming back down to just knowing that true leadership lies in optimizing the strengths of others, being compassionate, and lifting

each other while having a sense of purpose."

As Juneja looks forward to her future endeavors, she is incredibly proud of the community she has been able to create with the other officers during her journey at UW Bothell. "I wholeheartedly attribute a significant part of who I am today to this club."



Pre-Med Club 2023 Club Council Recognition Awards

# Filipino American Student Association (FASA sa UWB) Hosts Second Annual FASAP Event

Written by: Andrew Cornel- FASA sa UWB President



FASA sa UWB club officers pose for a group picture at the end of FASAP. May 12, 2023 *Photo Credit (ALL): FASA sa UWB* 

The Filipino American Student Association at the University of Washington- Bothell, also known as FASA sa UWB, recently held our second annual event, FASAP, on May 12, 2023. The event consisted of Filipino cultural dances from the Sayaw (dance) crew performing Bulaklakan and Tinikling- traditional Filipino dances, with a variety of Filipino dishes such as Pancit, Lumpia, and Mamon, and also the first performance from the FASA sa Choir performing an Original Pinoy Music or Original Pilipino Music (OPM) Medley, timeless songs from famous artists in the Philippines.

The event idea was inspired by "ASAP Natin 'To", a Philippine television variety show produced by ABS-CBN Entertainment. The original name initially stands for All-Star Sunday Afternoon Party, and had various title changes over the years. The title FASAP is derived from our organization, "FASA sa UWB" and "ASAP" and we added the "F" to signify this is our own take on "ASAP". The committee this year was led by our outreach chair, Marques Pizarro and our sayaw chair, Riley Esteban.

The committee of 14 worked with Club Council, Student Engagement and Activities (SEA) Staff and the Activities and Recreation Center (ARC) staff to make this event a success. The event was located in the ARC on the UW Bothell campus. The idea for this cultural event came about when the officers of FASA sa UWB during the 2019-2020 school year wanted to create an event to showcase our Filipino culture on the UW Bothell campus that involved members of the club performing and showcasing their talents. However, the event was not able to happen due to the COVID-19 pendemic.

Last year as the only person on the committee from the first year of the committee, I wanted to continue the vision from the past officers. Now we have created it to what the event is to this day hoping that those on campus and outside community members can share in celebrating and highlighting the beauty and diversity of the Filipino culture. We choose the month of May to hold the event as the month also signifies Asian American and Pacific Islander Heritage (AAPI) Month. Be on the lookout for the third annual FASAP next year!



FASA sa UWB performs a group dance



FASA sa UWB Choir group performance at FASAP



Sayaw dance crew performs Bulaklan, traditional Filipino dance



President, Andrew Cornel, singing during a group performance

# The Art of Belonging: The Meaning of Belonging as a First Generation Immigrant

Written by: José M. Cuevas Lopez-**Student Reporter** 

**OPINION** 



Photo Credit: Freepik

Coming from a place so detached from reality can be overwhelming. This reality is one which we all began our journey with, the one reality in which we surround ourselves with family and closest friends, relatives, and even neighbors. My reality, the one in which I first viewed the world, is not here. The feeling of losing what you once knew is a feeling which makes you wonder, "Do I belong here?"

Arriving at 8 years old and getting accustomed to a new language, new culture, and a new environment can be shattering to any youthful soul. Not understanding what others are saying and not being able to communicate your many discomforts, your necessities, and your own feelings to others can make you feel out of place, distant, and lonely. These occurrences made me wonder, "Do I belong?"

That's the question that never came to my attention, right until I arrived in the United States. Because in the Americas I felt like I belonged in Mexico, the place where I was born, with my people, those who speak my language, and share similar culture and traditions as well as beliefs. But here, it is not quite the same. Most of my closest relatives are at my home, my sister, my nephews, my uncles, cousins, and what's remaining of the faces that I once knew. Thanks to my mom and dad, although separated, they are still supporting me because way before I came here they were working so hard together to give their children a better life and a chance for success.

I never thought about how important being a first-generation student is until I made it to a prestigious university- my community that I can call home, a place where I don't feel out of place. I'm in a community that many could wish to be part of.

Being a first-generation student gave me the opportunity to do things my family did not have the privilege of. It feels inordinate at times, but I know that I must do what I can to make a difference not just in my own personal circle but in the community that has developed my knowledge in so many fields of study as the UW community provides.

Being part of a community is an important part of being an individual, it builds us and shapes us as we develop over the years in our lives. But sometimes finding the community you "belong" in can be a difficult task that not everyone is aware of, especially for those who

are not originally from a set of specific communities or areas.

I believe that in order to feel like you truly belong in a community, you must venture out and reach out to people who are culturally and ethnically diverse in order to understand what their meaning of belonging is. I decided to be this person, to reach out to the people who are not represented in the community or feel misrepresented in our community of UW Bothell through my podcast, "The Husky Experience".

Now what does it mean to not be represented? To me, it means that you are not made aware of your cultural background. It's to be left out because you don't fit certain criteria. I personally feel that culture is important in understanding the lives of individuals in a diverse community like the one we reside in. And as my first guest, Shiji James from my podcast said, "You must be a psycho to not like diversity." This statement was harsh but I don't blame her. I sympathize with her stance because what makes not only the UW Bothell community but also the whole United States as a nation really unique is that many different perspectives, cultures, religions, languages, and even philosophies can be explored to widen the lens of our one-point perspective. We must be willing to be adventurous and open-minded.

My second guest, Mateo Arbelaez Arizala had such a great life experience being able to travel across the world and being able to find people- who although weren't from the same nationality and culture as he was- found themselves being very close because of similar interests like music, media, and entertainment. This goes back to Shiji, who enlightened me with a great song titled "Mayilu" by Supaveen & Vidusan. Although I didn't understand the lyrics, the production spoke for itself. I could feel the vibes and emotions, and the rhythm and tone gave a great sense of inspiration from Hip-Hop.

Mateo introduced me to one of his friends he met overseas music titled, "When I Come Through" by ISHĒ feat. Denimwoods. This song was mellow and chill, the production was exceptional, and shows how dedicated people from around the globe can be wanting to make something that could transcend their own borders and cross countries.

My third guest, Jessica Izutsu, is a first-generation student whose story is unique in that she is from a very underrepresented community in UW Bothell, which is of Native Indigenous origin. Her story was so impactful and extremely important to share since most often than not, indigenous people are marginalized in their own land. Something that struck me from her story was that her mom and dad are from Texas and being around Texas as a Native American/Indigenous person can be frowned upon. She shared the lives that her parents had to endure during the worst times for people of color in the United States to survive. She told me about her dad's side which is of Japanese descent and how traumatic it was for her dad's side of the family facing discrimination and being forced into internment camps.

Her mom on the other hand was not able to fully participate and actually practice her Native American roots because of the discrimination Indigenous people in Texas faced during the early 1940s. An interesting statement she made was, "My mom felt closer to her Mexican roots and although she was an Indigenous woman, it was hard to find a community in Texas because of the discriminatory policies made against Indigenous people."

I enjoyed my conversation with Jessica because not only did I gain access to her cultural identity, but she also shared a song that is all about staying optimistic for what the day has to offer. She introduced me to this catchy song titled, "Today's A New Day" by Common Kings. This song was stuck in my head since the first day she recommended it to me. It talks about advancing and moving forward toward a better tomorrow because even though yesterday was not pleasant, all we need is a new day and new hope.

My third eye widened, sitting down and having these amazing people share their experiences as first-generation students in my podcast was a great step forward to my journey of learning not only about academics but also about cultures, perspectives, and experiences. I welcome diversity wholeheartedly. I love sharing my space and time with people with substance and I am looking forward to developing and working with other people willing to share their experiences thus far.

A great takeaway that I got from my first three episodes was the importance of coming out of one's shell. To go out and seek new opportunities to learn from many different people. No matter what, we all have something to learn about not only ourselves but others. I encourage people to be free, it's hard to come back as a community after the wild years that COVID created but all we need are leaders, advocates, and a community to reshape the lives we once lived. This was José Manuel Cuevas López and you're reading the Husky Herald, sharing the stories and news that matter. I am out, dulces! Until next time, hope you tune into UWave Radio, your voice, your vibe. More episodes of "The Husky Experience" podcast will be released soon!

I encourage students to stay curious, to be adventurous, and to take risks that will help you achieve enlightenment.

# Wellness Fest 2023

Photography by: José M. Cuevas Lopez- Student Photographer

On Thursday, May 11, 2023, the Health and Wellness Reacreation Center (HaWRC) hosted Wellness Fest 2023, an annual event with interactive displays, presentations, and activities for students to learn more about health and well-being resources on campus.



United Way Benefits Hub provides resources and information on financial tools for students



Student adds color to the "You Matter" community art poster



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Students explore Wellness Fest Upcycling for free donated goods



Violence Prevention and Advocacy (VPA) provides information and resources for students



VPA holds an activity on identifying consensual acts vs. non-consensual acts

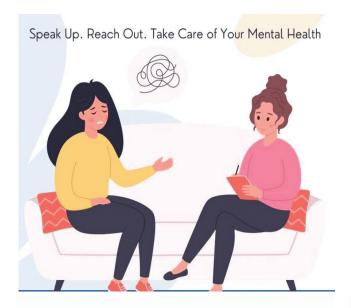




Students get creative with painting rocks for stress relief at the art corner

# Mental Health Awareness Month Tips with the Health and Wellness Resource Center and United Way Benefits Hub

Image Credit: Health and Wellness Center via Instagram



## Self-care:

This is essential for mental well-being! Take time for yourself, engage in activities that bring you joy, and prioritize your mental health.

You deserve it!

# Support:

Remember, you are not alone! Its okay to reach out to a trusted friend, family member, or helpline when you need support.

Sometimes, sharing your struggles can lighten the burden



# Action:

Small steps can make a big difference! Whether it's practicing mindfulness, going for a walk in nature, or seeking professional help, every action counts on the journey to better mental health.

### Kindness:

Spread kindness like confetti. A simple act of kindness can brighten someone's day and make a positive impact on their mental well-being.

# Break the silence...

...break the stigma! By speaking up about mental health and sharing our stories, we create a safe space for others to do the same. Together, we can shatter the barriers and promote understanding









# Get to Know Your Student Reps! ASUWB Director of Outreach and Director of Marketing

Written by: Max Stephens- Assistant Editor

#### What is your role in ASUWB?

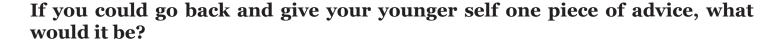
I am the Director of Outreach for ASUWB. My role manages external relations of ASUWB by meeting with the Vice Chancellor of Advancement and External Relation, along with attending the City of Bothell Chamber of Commerce, and organizing the ASUWB Distinguished Faculty and Staff Awards like the Student of the Month Award program. I also manage relations with businesses for networking events or student discounts.

#### What got you interested in being involved with ASUWB?

My interest sparked when I saw how ununited our campus was after COVID-19. I really wanted to repair the community on campus. Being the Director of Outreach has allowed me to engage with university administrators, faculty, staff, local businesses, and community leaders. This role provides me with a platform to bridge gaps, create partnerships, and build a strong network of support for ASUWB and the student body. I am dedicated to advocating for student interests, needs, and concerns. As the Director of Outreach, represent the student voice to the university administration and external organizations. This role lets me actively contribute to decision-making processes, influence policies, and drive positive change on campus. This engagement allows me to create a positive impact not only within the university but also in the broader community.

#### What is something UWB students should know about you?

Although I wasn't born in Washington, I have fallen deeply in love with the state's captivating nature, stunning scenery, and boundless opportunities for adventure. But if I could explore another place, I would love to visit Japan. I am obsessed with Hello Kitty and would really like to see Sanrio Puroland. My favorite food would be vanilla ice cream with strawberries on top. Besides that I also am Pre-Dental, and look forward to working with children, nurturing their oral health, and making a positive impact on their lives.



Believe in yourself. You are braver than you think, more talented than you know, and capable of more than you imagine.

#### What is your role in ASUWB?

I am responsible for developing and implementing strategic marketing initiatives to promote ASUWB and its programs, events, and services. As the Director of Marketing, I play a key role in enhancing the organization's visibility and engaging with the student body at the University of Washington. This is a dynamic position that requires a combination of marketing expertise, leadership skills, and a passion for student engagement.

#### What got you interested in being involved with ASUWB?

The ability to make a difference on campus for all the students, the opportunity to expand on my leadership skills while positively impacting student lives. The biggest thing was the ability to network with the students and build a stronger community of students here at the University of Washington-Bothell.

#### What is something UWB students should know about you?

I'm a creative director with the NFL.

# If you could go back and give your younger self one piece of advice, what would it be?

If I could go back and give my younger self one piece of advice, it would be to embrace failure and see it as an opportunity for growth. When we're young, there's often a fear of failure that can hold us back from taking risks and pursuing our dreams. However, failure is a natural part of life, and it's through our failures that we learn valuable lessons and develop resilience.



Sarah Azam, she/her/hers **Major:** Education with Biology
minor, pre-dental



Nabil Shehadeh, he/him/his **Major:** Health Studies with Biology minor

## **Student Creative Writing & Photography**

#### **Elizabeth Riffle-Student Contributor**

The hole in the door to the hall bathroom has been there as long as I can remember.

It's the only door that locks, which has made it the the only candidate for this cruel fate.

I had always thought that somehow this gaping maw of the door did not originate from malice

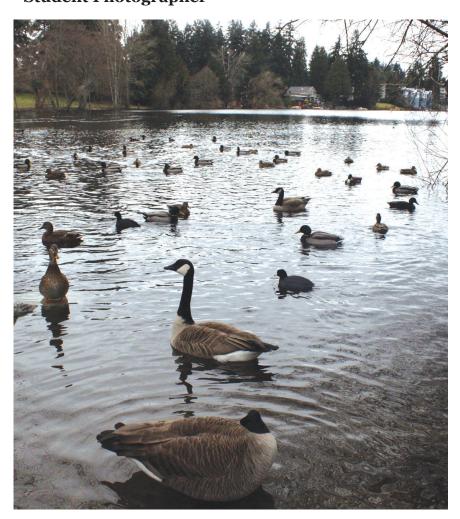
I wanted to believe in you, believe you'd never do something like this to a child so vulnerable.

and I guess that's what made it easy to forget

but you didn't care You punched and you yelled and you left gaping holes We can cover it up with a watercolor painting I did in school today; Doesn't it look nice?

It's really okay I know you didn't mean it! And if the painting falls I'll tape it back up again, so you'll never have to look at this unsightly scar. How unfortunate that would be.

don't worry, I'll keep you safe. Photography by: José M. Cuevas Lopez - **Student Photographer** 



#### This is the Story They'll Tell Jennifer Ijere- Student Contributor

On the day of my funeral, they'll tell a story of a man. A man who all will agree was full of laughter and smiles and light, a man who was kind beyond reason, a man who loved fiercely and held all who he loved close to his heart. A man who was funny, opinionated, and smart. A man who was painfully self-aware but couldn't still bring himself to see how adored he was by all those around him. A man who wasn't without his flaws, but who was perfect to those who loved him, nonetheless.

A woman will go to up to the pulpit, clad in black and weak from crying and she'll tell the story of a son. A son who started his life confidently and full of life and energy and cheeriness. A son who will not sleep unless he held the hand of his mother, a son who told his mum he loved her deeply every day. A son who shared his mother's love for books, who would eventually begin reading books way above his years, a son who would shout out spellings of big words he knew he could not pronounce and ask his mother to provide both definition and pronunciation. A son who would play the strangest games with his siblings. A son full of imagination, zeal and determination.

The mother will then go on to describe a son who turned into an angsty,

moody teenager who hated any form of affection and didn't smile as much. The mother will look up from her sheet and scoff as she says 'teenagers'. She'll continue on about her son, the med student. Focused and ambitious and content with his life's choices. A son who outgrew his moody teenager phase and turned into a sweet thoughtful man who called his mother from his hostel where they'd talk for hours. And the mother will choke back on tears as she recollects fond memories of her son calling her at odd hours to 'just talk'. She'll chide herself within her heart for not knowing better, for not probing, for not asking the right questions. How could she have known? She'll be inconsolable at this point and someone else will have to read their tribute.

On the day of my funeral, a young man will go up to the pulpit, following a tearful tribute from his mother. He'll tell the story of not only a brother, but a friend. A brother who was just a few years younger than he was. A brother who he would mount on his shoulders to help reach the top cupboard where all the snacks were, a brother who would assume the 'keeper' position as his little brother played strike and scored penalties, a brother who would open the backdoor when he came from night outs late,

a brother who he could talk to about any and everything, a brother he can't believe is gone. The young man will then pause to collect himself because 'men don't cry'- he'd heard that many times growing up. The young man will finish his eulogy and make his way to the coffin, and look at his brother one last time, until his face is just a blur.

# Thank You Huskies! From, SEA: Springfest 2023

Photography by: Aditi Nambiar- Editor-in-Chief

From May 22, 2023 to May 26, 2023, Student Engagement and Activities' Campus Events Board (CEB) under the University of Washington-Bothell and the Events and Advocacy Board under Cascadia College hosted Springfest, a week-long event for Huskeis and Kodiaks to come together and celebrate another successful academic year together! Below are images from CEB's Springfest Kickoff (Monday, May 22, 2023), Play-A-Ton (Wednesday, May 24, 2023) and Prom: Enchanted Forest (Firday, May 26, 2023). A special thank you to everyone who was involved!



Springfest 2023 sign in front of Discovery Hall



Student drawings on the UWB Plaza stairs





Student drawings on the UWB Plaza stairs



Play-A-Ton sportfield view



Bouncy obstacle in the sportfield at Play-A-Ton



Obstacle course and ball game



Prom night decor at North Creek Events Center, facing sportsfield



Prom night desert table at the Codex



Left to right: CEB student leaders, Lexi Nguyen, Vanny Nguyen, Natalie Bunch, Kayla Park



Polaroids from prom night, featuring SEA student leaders



Students gather at the North Creek Events Center at prom night

 $Photo\ Credit\ (ALL):\ Lexi\ Nguyen,\ Campus\ Events\ Board$ 



Left to right: Myra Rahman, Club Council Secretary, Nashwa Abukhder, ASUWB Director of Student Outreach, Natalie Bunch, CEB Relations Programmer at the prom mocktail bar

# Do you want to contribute to the Husky Herald?

We are always looking for student photographers, writers, and more! If you have a talent that you would like to share with the Herald and gain experience to add to your resume or portfolio, email the Editor-in-Chief: uwbeic@uw.edu or the Assistant Editor: uwbae@uw.edu.

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Special thanks to the rest of the Student Engagement & Activities team for making our work as the on-campus newspaper possible!

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